



May 2010

The IWWF Development Commission has completed its second Coaching & Development Seminar of 2010. This took place in the E&A Confederation (and was supported by them) and was hosted by the Italian Water Ski Federation in Palermo, Sicily. The seminar furthered the Commission's Mediterranean Strategy which in 2009 saw the successful inclusion of water skiing and wakeboarding in the Mediterranean Games. The seminar was delivered by Jean Michel Cau (FRA) and John Wood (GBR) and was attended by 15 coaches from 3 countries, Italy, Sweden and Egypt. As well as covering "what to coach" in the technical aspects of both the disciplines the seminar also delivered session on "how to coach" and the skills of coaching.

John Wood  
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